



# White Oak

BABY AND FAMILY SERVICE

## *Caring for you . . .*

White Oak is a unique in-home service dedicated to providing practical and emotional support for new mums and their families in the days, weeks and months after birth.

We provide individualised support including -

- Management of household chores, giving you time to settle home and nurture your baby
- Practical care of baby/siblings to allow you rest and recovery time
- Companionship and encouragement to adjust to your new parenting role
- Provision of wholesome home cooked meals
- Evening and overnight care particularly during the "unsettled /sleep learning" stages
- Transport to appointments
- Before and after school support



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Website: [www.whiteoakbaby.com.au](http://www.whiteoakbaby.com.au)



AS/NZS ISO9001:2000

*I know that I am little and need lots of care  
I don't give my family much time to spare  
So could I ask a tiny favour of you  
That you come and help look after them too?*

